



NINAWACHI WELCOME PACKET

SHORT-TERM MISSIONS GUIDE We're excited for you to come and be a part of the larger Church movement happening in Ecuador. Ecuador is an exotic country with jungle, coastal, mountainous terrain and has large urban cities full of people who need Christ. Inca Link is focused on reaching the 300 million youth in Latin America with Christ's irresistible love. We do this through discipleship and evangelism, training leaders, connecting people, and compassion ministries. We are devoted to helping the least of these and we need your help!

*And the King will answer them, "Truly, I say to you, as you did it to one of **the least of these** my brothers, you did it to me." -Matthew 25:40*

MEET THE TEAM: HUATICOCHA



MARK and CHERYL SHAFER Mark and Cheryl have been in Ecuador since 2002, serving with Inca Link since 2007. They left their family business to become missionaries after serving on short term mission trips and seeing the great need. They have worked with indigenous people in Ecuador, trained leaders in Nicaragua, and helped plant churches in both countries. Mark currently oversees the graduate missionaries ongoing missionary work among the Kichwa, Shuar and Huaorani people.



IGNACIO AND MEYLIN MIRELES Ignacio serves as the Director of Ninawachi. He was born in Mexico and lived in Idaho and in Colorado most of his life. He attended Boise State University in Boise Idaho for his undergraduate studies. He has his Master of Arts in Biblical Studies and Theology through Lee University. His wife, Meylin Diaz was born in Nicaragua and attended World Harvest Ministries Bible Institute in Somoto Nicaragua. After graduation she worked with youth gangs in Somoto Nicaragua for about seven months and then God opened the doors for her to move to Ecuador as a full-time missionary in April 2008. On July 25, 2015 while in the U.S. on furlough God gave them their beautiful daughter Michaiiah.



ULISES PINEDA is from Somoto, Nicaragua, where he graduated from Cosecha Mundial Missions School. Ulises has worked extensively in rural indigenous communities fulfilling the Great commission through evangelism and discipling new believers and strengthening small, struggling churches since 2008. He serves as a professor at Ninawachi Missions School in Huaticocha and Pastor of the Huaticocha Alliance Church. His wife Estella is from Bogota and mentors the girl students.



DORA BRIONES is from Managua, Nicaragua. After obtaining her University degree she taught English in High School for ten years. God pressed on her heart to serve as a missionary and after graduating from Cosecha Mundial Missions School came to serve as a professor and mentor in 2016.

NINAWACHI GRADUATE MISSIONARIES ON STAFF:

PRISCILLA VARGAS is from Tena Ecuador. After graduating from the University God tugged on her heart to serve as a missionary. She graduated from Ninawachi in 2017 and is in her second year teaching.



SANTIAGO SEGARRA is from Tena Ecuador. After graduating from University he worked as head of the Dietary department at the Tena Hospital. He later resigned his position to attend Ninawachi and graduated in 2017. After graduating he oversees our campus farms and maintenance and one of our substitute teachers.

VENITA MAYACU is from Arapino Ecuador. She was apart of Ninawachi's first graduating class in 2015. She has served full time as a missionary in the kichwa community of Wamani and is one of our substitute teachers.

MEET THE TEAM: QUITO

If you bus to Huaticocha, you will spend a night or two in Quito. Here are some people you will likely meet during your stay in Quito:



RICH and ELISA BROWN and FAMILY The Browns are the co-founders and president of Inca Link. They serve as regional missionaries with the Christian and Missionary Alliance and are based in Quito, Ecuador. They were youth pastors in Trujillo for 10 years, and have been in Ecuador since 2005. They have a passion for training youth leaders and have four awesome kids.



FABIAN and MABE TAMAYO Fabian and Mabe are using their gifts of hospitality to manage the guesthouse and ministry of (Casa Blanca) for teams and interns. Casa Blanca serves as a home where travelers can be discipled and hear about what God is doing throughout the world. Passionate about cooking, they serve as the chefs. Fabian was a youth pastor and served in various churches. Mabe also serves Inca Link as a financial assistant.

MEET THE TEAM: STATESIDE



NICOLE HIGGINS Nicole is the Associate Director of Finances. Nicole and her husband Robert moved to Boone, North Carolina after working for Samaritan's Purse in Haiti. They both have a heart for missions and seeing God's truth brought to the nations. In 2017 they welcomed a baby girl named Dahlia into their family!



STACEY POPE Stacey is the Team Coordinator. She got connected to Inca Link after returning stateside following seven years of ministry in the Dominican Republic. Stacey and her husband David are based out of the Orlando, Florida area. She serves to oversee the pre-field preparation of the teams.



OLIVIA JONES Olivia is our Communications Manager. As the daughter of Rich and Elisa Brown, she has been involved with Inca Link since it started but officially joined the team in September 2016. Based out of Maryland, Olivia uses her Spanish and journalism degrees to promote Inca Link on social media and is happy to be working with an organization she is so passionate about. After your trip, please e-mail Olivia your pictures!



RACHEL FOREMAN Rachel is the Intern Coordinator and Member Care. She met Rich and Elisa Brown while living in Ecuador and began serving with Inca Link in 2012. Rachel and her husband, Dalton, live in sunny Southern California.

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*Financial questions about your trip? E-mail Nicole at nhiggins@incalink.org

E-mail your post-trip pictures to Olivia at ojones@incalink.org

Questions about Internships? contact Rachel at rforeman@incalink.org

ABOUT NINAWACHI MISSION SCHOOL in HUATICOCHA, ECUADOR:

VISION:

Formerly known as the Huaticocha Missions School, Ninawachi's vision is to reach out to the forgotten and impoverished jungle communities of Latin America with the love of Christ.

MISSION:

Ninawachi's mission is to train indigenous youth to be missionaries, send them out to the forgotten people throughout the jungle regions to make disciples in these communities and connect them to the body of Christ.

MINISTRY OPPORTUNITIES:

Teams going to Ninawachi will have the opportunity to come alongside Ninawachi staff, students and graduates and assist them in their ongoing work. This work includes construction, vacation Bible school, home visits, agriculture, soccer ministries, outreaches, etc. and can be located at several ongoing ministry sites in the two Northern Provinces of Ecuador, Orellana and Succumbios.

GEOGRAPHICAL LOCATION: BASIC FACTS

AMAZON BASIN ECUADOR, located in the mid-western part of South America and bordered by Colombia and Peru, is rich in tradition and diverse cultures. Most of the Ecuadorian jungle is inhabited by indigenous people. However, there are Mestizo, a combination of European (Spaniards) and Indigenous Quichua Indians which the locals call colonials. Their complex history is deeply ingrained in Ecuadorian philosophy, from family structure to religion, with Catholicism as the dominant religion. The rain forest averages around 80 to 90 degrees Fahrenheit and very humid. Rainfall averages about 12 feet a year.

SAMPLE SCHEDULE:

Based on your team's goals and Inca Link's needs, we believe the Lord will direct us in designing a unique experience for you. This unique experience may not be planned until you arrive in the country—it's hard to know the need of the local church six months in advance! We ask that you come open and ready to serve. This is an idea of what a schedule may look like—most days will involve construction and children's ministry.

FRIDAY

Generally international arrivals are later in the evening, so you will go directly to a nearby hotel (Pifo) or Casa Blanca upon arrival.

SATURDAY

Breakfast

SUNDAY

Devotional

Devotional
Five hour bus ride to Huaticocha
Sack lunch
Dinner Unpack/Rest/Shower
Church

Breakfast
Prayer/Orientation
Lunch
Ministry
Dinner
Worship-Debrief

MONDAY-FRIDAY

Devotional
Breakfast
Construction
Lunch
Ministry
Dinner
Worship- Debrief

SATURDAY

Devotional
Breakfast
Travel
Lunch
Tourism/Shopping
Dinner
Worship- Debrief

SUNDAY/ MONDAY

Travel home

FREQUENTLY ASKED QUESTIONS

WHAT VACCINATIONS/MEDICATIONS DO WE NEED? We require that all short-termers have Hepatitis A and B, and an up-to-date Tetanus shot. We recommend if you are not staying in the city of Quito that you get Yellow Fever vaccination, but this is not required. We highly recommend bringing some sort of stomach/diarrhea medicine. **Also, since you will be in the jungle, we highly recommend that you take malaria pills.**

*Inca Link also recommends that **pregnant woman should not participate in trips this year** due to the danger of the Zika virus. We're sorry if this causes any inconveniences for your team.

WILL WE NEED TO PREPARE A CHILDREN'S PROGRAM? We recommend that your team be prepared for a children's program or VBS. The team will be responsible for providing curriculum and all materials needed to do the program, including: crafts, prizes, etc. There are several opportunities to serve children like at the garbage dump, orphanages, schools, churches, soccer camps, etc. It is always appreciated to have the teams lead music, skits and games. We encourage your team to learn some songs in Spanish. If dramas or skits are used, please make sure they are in Spanish. Be as creative as you would like. This also is a great team building activity as you prepare for your trip!

PACKING

IS THERE A DRESS CODE? People in Ecuador are more conservative than in North America. To be effective in ministry, we want to respect our Ecuadorian brothers and sisters while in their country by striving to imitate their dress customs. ***We do not permit wearing shorts, capris or flip-flops in the jungle to protect from insect bites. Please plan to wear pants and closed toe shoes for the duration of your time in Huaticocha.** (You can bring one pair of flip-flops for shower shoes.)

-No shorts, flip flops, sandals, capris or tank tops.

-Church is casual wear.

-Flash lights and hats are required to have.

-Sweatshirts or warm jacket is recommended for the cool evenings.

-Wear protective clothing on work sites.

WOMEN:

- Anything is acceptable to wear to church except shorts or flip-flops.
- Sweatshirts or warm jacket is recommended for the cool evenings.
- Wear protective clothing on work sites.
- Tank tops, shorts and capris and sandals are not allowed.**

MEN:

- Guys must wear pants or jeans to church. No shorts or flip-flops.
- Sweatshirts or warm jacket is recommended for the cool evenings.
- Wear protective clothing on work sites.

PACKING LIST:

Work clothes (old jeans/ old t-shirts/ PANTS, **not shorts!**)
Church outfit
Warm jacket
Toiletries
Bible
Journal
Reusable water bottle
Work gloves
Closed toe work shoes (tennis shoes are fine)
Shower shoes
Sunscreen
Insect repellent
Flashlight
Camera (optional)
Hat
Personal Medications
Passport

*You DO NOT need to bring pillows, bedding or towels (those will all be provided).

TRAVEL

WHAT AIRPORT SHOULD WE FLY INTO? You will need to fly into Quito, Ecuador (UIO). From there your team has the option to bus or fly to Huaticocha.

- **Bus:** The price to bus to Huaticocha is included in the price of the trip. It takes 6 hours to bus from Quito to Huaticocha. So note, if you choose to bus, your team will lose two days in ministry due to travel. You will arrive back in Quito two days before your departure to ensure your team makes your return flight home.
- **Fly:** If you want to fly to gain more ministry time in Huaticocha, your team will need to look into flights from Quito to Coca (OCC). Since you will be spending more on flights, we will discount your trip \$50/ person if you choose this option.

DO WE NEED A VISA? You will only need a valid passport to enter Ecuador. Your passport must be valid for at least 6 months from your departure date, or the airlines will not allow you to fly out. You do not need to apply for a visa before coming down. Once you arrive in Ecuador, you will be given a tourist visa for 30-90 days for free.

OTHER QUESTIONS:

IS THERE AN AGE REQUIREMENT? We encourage family mission experiences! Children 12 years old and younger must be accompanied by a parent on the team.

WHAT ARE THE LIVING ACCOMODATIONS? You will most likely be staying at the guest house on campus. We provide sheets, blankets, pillows and towels. If your team is going to be spending

the night in a local village you will need to bring a mosquito net and an air mattress. Ninawachi will provide you with pillow, sheets, blanket, towel and rubber boots.

WHAT IS THE WEATHER LIKE? You should expect very warm and humid weather (highs in the 90's and lows in the 70's). We do recommend you still bring one jacket for your brief time in Quito, since it is cooler. ***Note: even though it is warm, you will be wearing pants (not shorts!) for safety reasons.** We suggest you go to a store and invest in some lightweight work pants for this trip.

WHAT WILL THE MEALS BE LIKE? Meals are prepared with the utmost care. You will have opportunities to try food that is typical to Ecuador, but also food that you recognize and will enjoy.

WILL THERE BE SNACKS TO PURCHASE? We recommend that you bring snacks from home (to leave with the missionaries), but we also recommend you be ready to try new and different snacks from Ecuador.

IS THERE A WAY TO CONTACT HOME? Internet is available at some locations, but not all. We encourage you to "unplug" while serving. (Note: Contacting home is available if there is an emergency.)

ARE THE ELECTRICAL OUTLETS THE SAME? Yes, the outlets are the same as they are in North America.

WHAT TYPE OF CURRENCY IS USED IN ECUADOR? Ecuador uses the United States dollar. You will want to bring clean cash (not torn and no markings). Smaller bills (\$20 or less) are required. Credit and Debit cards are accepted, but you will usually find a small international fee for using it. We do not recommend checks, travelers' checks or money orders, because they are very difficult to use! Ecuador uses the US dollar, so if you are coming from the US, you do not have to exchange your money.

WHAT SHOULD I EXPECT UPON ARRIVAL? Someone with Inca Link apparel will be at the airport to pick you up. If we are not there, do not walk outside. We will be there shortly. Feel free to contact anyone on the list that was provided for you.

WHAT ITEMS CAN WE BRING TO DONATE? Email info@incalink.org for an updated wish list from each ministry.

IMPORTANT INFORMATION FROM THE SITE

IMPORTANT: We are grateful that you will be with us in the coming days. A few things that you need to know before coming down to Ninawachi.

- The road is very curvy and up and down. Some who have never experience motion sickness have had problems on this road so please have some motion sickness pills available for your group.
- We are at the equator in high humidity and heat, so it is critical that you stay hydrated before, during and after your visit.
- To eliminate the risk of dengue fever and other diseases passed by insect bites we DO NOT ALLOW SHORTS, CAPRIS, FLIP FLOPS, SANDALS, or TANK TOPS outside the shower area.

- The jungle has bacteria that your bodies are not used to. Any scratch or cut that breaks the skin must be cleaned and Neosporin applied to prevent any serious infection.
- Keep the doors of your rooms closed to prevent scorpions, snakes or another unwanted guest.
- Please use a flash light when moving around the campus at night and always be aware of your surroundings. If you encounter a snake, please get help and do not try and get close to it. (Selfies with snakes are not a good idea)
- While working on our farm you must wear rubber boots (we have them), and GLOVES. Always be accompanied by one of our staff or students while working on the farm.
- Do not use the tap water to brush your teeth or drink. There is purified drinking water in the dining hall.
- Do not flush toilet paper in the toilet. Please dispose in the wastebasket.
- Lower your voices after 9 p.m. and lights out after 10 p.m.
- Our students have rules that they cannot be alone with opposite sex so please comply with this rule.

SPANISH PHRASEBOOK

BASIC CONVERSATION

Gracias (gra-syas)
Por favor (por fa-vor)
Buenos días (bwe-nos dee-as)
Buenos tardes (bwe-nos tar-des)
Buenas noches (bue-nas no-ches)
¿Hablas inglés? (a-blas een-gles)
¿Cómo se dice...? (ko-mo say dee-say...)
¡Hola!
¿Como estas? (o-la ko-mo e-stas)
Estoy bien (e-stoy byen)
Estoy cansado/a (e-stoy kan-sa-do)
Estoy enfermo/a (e-stoy en-fer-mo/a)
Tengo hambre (tan-go am-bre)
Tengo sed (tan-go sed)
Me llamo _____ (may ya-mo)
Mucho gusto (moo-cho goo-sto)
¿De dónde eres? (de don-de e-res)
Soy de los Estados Unidos (soy de los e-sta-dos oo-nee-dos)
¿Qué te gusta hacer? (ke te goo-sta a-ser)
Me gusta jugar el fútbol (me goo-sta hoo-gar el foot-bol)
Me gusta cantar (me goo-sta kan-tar)
Me gusta tocar la guitarra/ el piano (me goo-sta to-car la gi-tar-a)
¿Cuántos años tienes? (kwon-tos on-yos tye-nes)
Tengo _____ años (tan-go _____ on-yos)
Disculpa (dis-cool-pa)
Con permiso (con per-mee-so)
Lo siento (lo syen-to)
¡Chao! (chow)
¡Cuidate! (kwee-da-te)

ON THE CONSTRUCTION SITE

Clavo (kla-vo)
El martillo (el mar-tee-yo)
El balde (el bal-de)
La carretilla (la ka-re-tee-ya)
El cemento (el se-men-to)
Construir (con-stroo-eer)
La pared (la pa-red)

IN CHURCH

La iglesia (la ee-gle-sya)
La alabanza (la al-a-ban-sa)
Dios/Senor (dyos/ sen-yor)
Jesús (he-soos)
Orar (o-rar)
Dios te bendiga (dyos te ben-dee-ga)

PERSONAL CONVERSATIONS

¿Cómo va el día? (co-mo ba el dee-a)
Estas trabajando tan duro (es-tas tra-ba-han-do tan doo-ro)
¿Puedo orar para ti? (tpwe-do o-rar pa-ra tee)
Oraré para ti (o-ra-re pa-ra tee)

Thank you
Please
Good morning
Good afternoon
Good evening
Do you speak english?
How do you say...?
Hello!
How are you?
I am good
I am tired
I am sick
I am hungry
I am thirsty
My name is _____
Nice to meet you
Where are you from?
I am from the United States
What do you like to do?
I like to play soccer
I like to sing
I like to play the guitar/ the piano
How old are you?
I am _____ years old
Excuse me/ Pardon me/ Forgive me
Excuse me
I am sorry
Bye!
Careful!

Nail
Hammer
Bucket
Wheelbarrow
Cement
To construct/build
Wall

Church
Praise/Worship
God
Jesus
To pray
God bless you

How is your day going?
You are working so hard
Can I pray for you?
I will pray for you